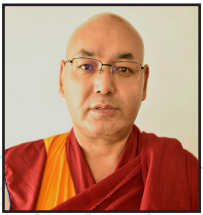
བོད་མི་མང་གྲྭ་འཛུས་ལྷན་ཚོགས།
Tibetan Parliament-in-Exile

DIRECTORY

Content

SN	Members	Page No
1	Speaker of the House	1
2	Deputy Speaker	2
3	Nyingma	3
4	Kagyue	4
5	Sakya	5
6	Gelug	6
7	Bon	7
8	U-Tsang	8
9	Dho-Toe	13
10	Dho-Mey	18
11	North America	23
12	Europe	24
13	Australasia and Asia (Excluding India, Nepal, and Bhutan)	25
14	Parliamentary Secretariat	26
15	Important Contacts	27

SPEAKER OF THE HOUSE



VEN. KHENPO SONAM TENPHEL

Tibetan Parliament-in-Exile
Central Tibetan Administration
Gangchen Kyishong
Dharamsala-176215
Distt: Kangra H.P. INDIA

Ph : + 91 1892-222481
Fax: + 91 1892 -224593
E-Mail : tibetanparliament@tibet.net
Personal E-mail: sonamtenphel123@gmail.com
Mobile No: + 91-9816373083

DEPUTY SPEAKER

MS. DOLMA TSERING

Tibetan Parliament-in-Exile
Central Tibetan Administration
Gangchen Kyishong
Dharamsala-176215
Distt: Kangra H.P. INDIA

Ph : + 91 1892-222481
Fax: + 91 1892 -224593
E-Mail : tibetanparliament@tibet.net
Personal E-mail: dtteykhang@gmail.com
Mobile No: +919418121741

NYINGMA

VEN. KHENPO SONAM TENPHEL

Tibetan Parliament-in-Exile
Central Tibetan
Administration
Gangchen Kyishong
Dharamsala-176215
Distt: Kangra H.P. INDIA

Personal Email: sonamtenphel123@gmail.com
Mobile no: +919816373083

VEN. KHENPO JAMPHAL TENZIN

Dzogchen Monastery
P.O. Dhondenling Tibetan
Selttlement Odeyapalya
Kollegal Taluk
Chamarajanagar Distt.
571457 Karnataka, India

Personal Email: jamphal@gmail.com
Mobile no: +919986908589

KAGYUE

VEN. KUNGA SOTOP

Tergar Monastery
Sujata Bypass Road, Bodhgaya
Pin no-824231, Distt. Gaya
Bihar, India

Personal Email: tergarsotop@gmail.com
Mobile no: +918002658888

VEN. TENPA YARPHEL

Tibetan Parliament-in-Exile
Central Tibetan Administration
Gangchen Kyishong
Dharamsala-176215
Distt: Kangra H.P. INDIA

Personal Email: tenpayarphel15@gmail.com
Mobile no: +919882999888

SAKYA

VEN. LOPON THUPTEN GYALTSEN

Sakya Centre
187 Rajpur Road
P. O. Rajpur 248009
Dehradun, Uttarkhand
India

Personal Email: thupten_gyaltsen@yahoo.com
Mobile no: +918627883245/7018143504

VEN. KHENPO KADA NGEDHUP SONAM

Dzongsar Choekyi Lodroe College Institute
P.O. Chauntra-175032
Distt. Mandi
H.P. India

Personal Email: ngodup7@yahoo.com
Mobile no: +918690000843

GELUG

VEN. GESHE LHARAMPA GOWO LOBSANG PHENDE

Drepung Loseling Monastery
Gowo Khangtsen,
Lama Camp no. 02,
P.O. Tibetan Colony-581411,
Distt. Uttar kannada,
Karnataka, 581411
India

Personal Email: bawaphende@gmail.com
Mobile no: +9199880726918

VEN. GESHE LHARAMPA ATUK TSETEN

Drepung Gomang Monastery
Lama camp no. 02,
P.O. Tibetan Colony-581411,
Distt. Uttar kannada,
Karnataka, 581411
India

Personal Email: atuktseten@yahoo.com
Mobile no: +919857633612

BON

VEN. GESHE ATONG RINCHEN GYALTSEN

Tibetan Parliament-in-Exile
Central Tibetan Administration
Gangchen Kyishong
Dharamsala-176215
Distt: Kangra H.P. INDIA

Personal Email: atongringyal@yahoo.com
Mobile no: + 919805386999

VEN. GESHE MONLAM THARCHIN

Sherig Phuntsokling Bon society
Nemai Khakri Jote
(Nehali Goaon), PMC Road,
P.O. Matigara Siliguri
Dist. Darjeeling
West Bengal-734910
India

Personal Email: monlambon@gmail.com
Mobile no: + 919816272440

U-TSANG

MS. DOLMA TSERING

Tibetan Parliament-in-Exile
Central Tibetan Administration
Gangchen Kyishong
Dharamsala-176215
Distt: Kangra H.P. INDIA

Personal Email: dtteykhang@gmail.com
Mobile no: +919418121741

MR. DAWA PHUNKYI

C/O Delek Hospital
Potala Road,
Gangchen Kyishong
Dharamsala-176215
Distt: Kangra H.P. INDI

Personal Email: phunkyi.dawa@gmail.com
Mobile no: +919882354940

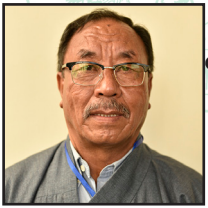
U-TSANG

MR. MIGYUR DORJEE

TR. Settlement
Hunsur Rabgyaling
D Village, H. No. 4,
P.O. Gurupura-571105
Dist. Mysore
Karnataka, India

Personal Email: mdthoding62@gmail.com
Mobile no: +919880319908

MR. NGODUP DORJEE



Tibetan Parliament-in-Exile
Central Tibetan Administration
Gangchen Kyishong
Dharamsala-176215
Distt: Kangra H.P. INDIA

Personal Email: sngodup1958@gmail.com
Mobile no: +918212939243

U-TSANG

MR. LOBSANG GYATSO SITHER

Karuna House,
Temple Road, Mcleodganj,
Distt. Kangra,
Himachal Pradesh-176219
India

Personal Email:lobsangsither@gmail.com
Mobile no: +919882407365

MS. TSERING YANGCHEN

TDL Camp. no.2
House No. 10
P. O. Byakuppe
Distt. Mysore
Karnataka
India

Personal Email: ytsering10@yahoo.com
Mobile no: +917349542310

U-TSANG

MR. DHONDUP TASHI

Tibetan Sonamling Settlement
Camp No-3, House no 41
P.O Choglamsar
Leh-Ladakh-194104

Personal Email: dhonduptashimarshall@gmail.com
Mobile no: +919906990502

MR. RINZIN LHUNDUP

The Dalai Lama Institute for
Higher Education
Mysore Road, Hejjala Past,
Bidadi, Ramanagar Distt
Bangalore-562109
Karnataka
India

Personal Email: rigzindup@gmail.com
Mobile no: +917018326182

U-TSANG

MS. LHAGYARI NAMGYAL DOLKAR

Tibetan Parliament-in-Exile
Central Tibetan Administration
Gangchen Kyishong
Dharamsala-176215
Distt: Kangra H.P. INDIA

Personal Email: namdollhagyari@gmail.com
Mobile no: +919882233963

MR. DAWA TSERING

Yongling School
Jogi Wara Road
P.O Mcloedganj-176219
Distt. Kangra
H.P, India

Personal Email: dtsering0522@gmail.com
Mobile no: +919418185475

DHO-TOE

MR. DORJEE TSETEN

House 22,
Nangchen Division,
P.O. Bir, Distt-Kangra-176077
Himachal Pradesh
India

Personal Email: dtseten@gmail.com
Mobile no: +917807885951

MS. YOUDON AUKATSANG

Risur Building
Deorali Bazaar
Gangtok-737102
Sikkim, India

Personal Email: youdon.aukatsang@gmail.com
Mobile no: +919999915061

DHO-TOE

MS. JUCHEN KUNCHOK CHODON

White House-Juchentsang
H#132,
Tibetan Settlement Chauntra
Joginder nagar
Distt Mandi-175032
H.P. India

Personal Email: kunchok_juchentsang@yahoo.com
Mobile no: +919418019679

MR. TSENZIN JIGDAL

H.NO-89,
Tibetan Settlement Nangchen
Division, Chauntra
Distt. Mandi
Himachal Pradesh-India

Personal Email: network42j@gmail.com
Mobile no: +919805274608

DHO-TOE

MR. SERTA TSULTRIM

House No: 74
Tibetan Colony Nangchen
Division
V.P.O. Chauntra Mandi-175032
Himachal Pradesh
India

Personal Email: toktsatsang@gmail.com
Mobile no: +919816178505

MR. CHOEPHEL THUPTEN

House No- 65
Old Camp-03
P. O. Bylakuppe
Mysore Distt
Karnataka-571104
India

Personal Email: Cthupten65@gmail.com
Mobile no: +919945516443

DHO-TOE

MS. TSERING DOLMA

C/O Sisters Shop
D.F-11, Glory's Plaza
Police Bazar, Shillong
Meghalaya-793001
India

Personal Email: lekmonchoe26@gmail.com
Mobile no: +919612114876

MR. PHURPA DORJEE GYALDHONG

Tibetan Parliament-in-Exile
Central Tibetan Administration
Gangchen Kyishong
DharamsaIa-17621S
Distt: Kangra H.P. India

Personal Email: phurdhor@gmail.com
Mobile no: +919816271840

DHO-TOE

MR. KUNCHOK YANGPHEL

International Maitreya Foundation
B-237, Vasant Kunj Enclave
New Delhi-70

Personal Email: yangphel49@gmail.com
Mobile no: +918800988543

MR. WANGDUE DORJEE

H. no-21,
Dege Division
V.P.O. Bir, Tehsil Baijnath,
Distt. Kangra, 176077
H.P. India

Personal Email: wangduedorjee888@gmail.com
Mobile no: +917807191985

DHO-MEY

MS. PEMA TSO

CMO Road,
Bod-Kyi-Dus-Bab
Gamru, Dharamsala,
Kangra, HP,
India

Personal Email: pematso3121989@gmail.com
Mobile no: +919882357075

MR. DHONDUP TASHI

Tibetan Parliament-in-Exile
Central Tibetan Administration
Gangchen Kyishong
DharamsaIa-17621S
Distt: Kangra
H.P. India

Personal Email: dhonduptashi03@gmail.com
Mobile no: +919418024107

DHO-MEY

MS. TSERING LHAMO

Tibetan Parliament-in-Exile
Central Tibetan Administration
Gangchen Kyishong
DharamsaIa-17621S
Distt: Kangra
H.P. India

Personal Email: lhamo35@gmail.com
Mobile no: +918219193329

MR. SERTA TASHI DHUNDUP

Gaden Khangsar
P.O. Box no-310
Lazimpat
Kathmandu
Nepal

Personal Email: sertatashi@gmail.com
Mobile no: 00977-9818450045/+919882368679

DHO-MEY

MR. RATSA SONAM NORBU

Dungkar Guest House
Boudha Daratole-6
Kathmandu
Nepal

Personal Email: norburatsa7@gmail.com
Mobile no: +9779803123666

MR. KARMA GELEK

Camp no 238, H-43
P.O Pratapgarh-441702
Distt Gondia
M.S India

Personal Email: kargyal_62@yahoo.in
Mobile no: +919423384298

DHO-MEY

MS. YESHI DOLMA

Tenwang House
Jogiwara road,
P.O Mcloed Ganj
Dharamsala-176219
Distt Kangra
H.P. India

Personal Email: tibetdoors2014@gmail.com
Mobile no: +919816373772

MR. LOBSANG THUPTEN

New House
Opp TMAI office
Dharamsala-176215
H.P, India

Personal Email:pontsang1@gmail.com
Mobile no: +919882690414

DHO-MEY

VEN. GESHE NGABA GANGRI

Tibetan Parliament-in-Exile
Central Tibetan Administration
Gangchen Kyishong
DharamsaIa-176215
Distt: Kangra H.P. India

Personal Email: s16wangchuk@gmail.com
Mobile no: +919816108316

MR. CHOEDAK GYATSO

Tibetan Parliament-in-Exile
Central Tibetan Administration
Gangchen Kyishong
DharamsaIa-176215
Distt: Kangra
H.P. India

Personal Email: choedakgyatso71@gmail.com
Mobile no: +919667639336

NORTH AMERICA

MR. TENZING JIGME

12587
Quito St. Ne
Blaine
MN
55449

Personal Email:tenzingjigme@gmail.com
Mobile no: 763-316-8881/9958038577

MR. THONDUP TSERING

25 Trillium Way
Belchertown
MA

01007

Personal Email: thontse@gmail.com
Mobile no: (413)6873477

EUROPE

VEN. THUPTEN WANGCHEN

Fundacion
Casa Del Tibet
Rossello 181, Bajos
08036 Barcelona
Spain

Personal Email: info2@casadeltibetbcn.org
Mobile no: 0034-932075966/0034-654865655

MR. THUPTEN GYATSO

3 Square
Theodore Judlin
75015
Paris
France

Personal Email: thupten55@gmail.com
Mobile no: 33680729054

AUSTRALASIA AND ASIA

(Excluding India, Nepal, and Bhutan)

MR. DORING TENZIN PHUNTSOK

1/164 Juliette Street
Greenslope, 4120
Brisbane, QLD,
Australia

Personal Email: pamtenzin@gmail.com
Mobile no: +61422589480

TIBETAN PARLIAMENTARY SECRETARIAT

MR. TSEWANG NGODUP
Secretary General

Tibetan Parliament-in-Exile
Central Tibetan Administration
Gangchen Kyishong
DharamsaIa-17621S
Distt: Kangra H.P. INDIA

Ph : + 91 1892-222481
Fax: + 91 1892 -224593
E-Mail : tpieadmin@tibet.net
Personal E-mail: tngodup2000@gmail.com
Mobile No: + 91-9882327823

IMPORTANT PHONE NUMBERS

Private office of H.H.D.L(Tib)	221879
Private office of H.H.D.L(Eng)	221343
Supreme Justice Commission	224964 / 225099
Tibetan Parliament-in-Exile	222481
Kashag	222218 / 223327
Election commission	224909
Public Service Commission	222328 / 226240
Auditor General Office	226232
Religion & Culture Dept.	228037 / 226737
Home Dept.	222412
Finance Dept.	222487 / 223738
Education Dept.	222572 / 222721
Security Dept.	222254 / 224954
Info. & Intl. Relation Dept.	222457 / 222510
Health Dept.	223718/ 223408
Tibetan Settlement Office	221059 / 221028
Reception Centre	246350 / 246351
TCRC	222985 / 228074
Security Branch (Mcleod)	221560
Tibet Policy Institute	223556

INSTITUTIONS/SCHOOLS

Lib-of-Tib Works & Archives	9882255047
TCV Head Office	221348
Sherig Parkhang Delhi	22453672
Men-Tsee-Khang	223113 / 223222
TIPA	221478 / 7650056654
Sarah College	226560 / 226561

HOSPITALS

Men-Tsee-Khang	223113
Central Council for Tibetan Medicine	226462
Delek Hospital	223381/222053
Dr. Lobsang Khangkar	221668
Zonal Hospital (CMO)	224874

BANKS

State Bank Of India, McIeod	220612
UCO Bank (Gangkyi)	223259
Canara Bank (Gangkyi)	226142
Bank of India (KB)	229751
Punjab National Bank (KB / McIeod)	222030/ 221056

NGOs/ Tibetan Press

TYC (Centre)	91-9882221554
TWA (Centre)	2221527
Voice of Tibet	222384
TCHRD	223363

Office of His Holiness the Dalai Lama
Thekchen Choeling PO. McLeod Ganj
Dharamsha1a-176219 H.P. India
Tel: +91-1892-221343, 221879
Fax: *91-1892-221813
E-mail: ohhdl@dalailama.com
Website: www.da1ai1ama.com

Tibetan Supreme Justice Commssion
Central Tibetan Administration
Gangchen Kyishong
Dharamshala — 176215 H.P, India
Tel: +91-1892-225099, 224964
Fax: *91-1892-225099
E-mail: tsjc@tibet.net
Website:www.trimzin.net

Tibetan Parliament-in-Exile
Parliamentary Secretary
Central Tibetan Administration
Gangchen Kyishong
Dharamshala — 176215 H.P, India
Tel : +91-1892-222481
Fax: *91-1892-224593
E-mail: tpieadmin@tibet.net
Website:www.chithu.org/www.tibetanparliament.org

Kashag Secretarait
Central Tibetan Administration
Gangchen Kyishong
Dharamshala— 176215, H.P., India
Tel: +91-1892-222218, 222713

Fax: +9l-1892-224914
E-mail: kashag@tibet.net

Department of Religion & Culture
Central Tibetan Administration
Gangchen Kyishong
Dharamshala— 176215, H.P., India
Tel: +9l-1892-222685, 226737
Fax: *91-1892-228037
E-mail:religion@tibet.net
Website:www.chorig.org

Department of Home
Central Tibetan Administration
Gangchen Kyishong
Dharamshala— 176215, H.P., India
Tel: +91-1892-222214, 222412
Fax: +91-1892-225065
E-mail: home@tibet.net
Website: www.centraltibetanreliefcommitee.org

Department of Finance
Central Tibetan Administration
Gangchen Kyishong
Dharamshala— 176215,H.P., India
Tel: +91 1892-223738, 222487
Fax: +91-l892-222349
E-mail:finance@tibet.net
Website:www.paljor.net

Department of Education
Central Tibetan Administration
Gangchen Kyishong
Dharamshala— 176215,H.P., India
Tel: +91 1892-222572, 222721
Fax: +91-1892-223481
E-mail: education@tibet.net / Website: www.sherig.org

Department of Information and International Relations
Central Tibetan Administration Gangchen Kyishong
Dharamshala— 176215, H.P., India
H.P, INDIA
Tel; *91 1892-222457, 222510
Fax: +9l-l892-224957
E-mail:diir@tibet.net

Department of Security
Central Tibetan Administration Gangchen Kyishong
Dharamshala176215,H.P., India
Tel:+91-1982-226168, 222254
Fax: +91-1892-223038
Emai:security@tibet.net (Main)
bsomcleod@tibet.net (Branch)

Department of Health
Central Tibetan Administration
Gangchen Kyishong
Dharamshala— 176215, H.P., India
Tel: +91-1892-222718, 223408
Fax: +91-1892-222718
E-mail:health_re@tibet.net
Website:www.tibetanhealth.org

Chief Election Commissioner
Election Commission
Central Tibetan Administration
Gangchen Kyishong
Dharamshala— 176215, H.P., India
Tel: +91-1892-224909
Telefax: +91-1892-224909
E-mail: election@tibet.net
Website: www.tibetanelection.net

Public Service Commission
Central Tibetan Administration Gangchen Kyishong
Dharamshala-176215, H.P., INDIA
Tel: +91 1892-222328
Telefax: +91-1892-222328
E-mail:psc@tibet.net

Auditor General
Ofice of the Auditor General
Central Tibetan Administration Gangchen Kyishong
Dharamshala— 176215, H.P., India
Tel+91-1892-222211,226232
E-mail:oag@tibet.net

Tibetan Computer Resource Centre (TCRC) Manager
Central Tibetan Administration Gangchen Kyishong
Dharamshala— 176215, H.P., India
Tel: +91-1892-228074, 222985
Fax: +9l-I 892-224957
E-mail: tcrc@tibet.net

Narthang Press
Narthang Building
Central Tibetan Administration Gangchen Kyishong
Dharamshala, H.P., INDIA
Tel: +91-1892-222457, 222510
Fax: +9l-I 892-224957

Tibetan Reception Center
Manjhi Khad, Khanyara Road
Dharamshala-176218,
District Kangra
Himachal Pradesh, India
Tel: +91-1892-246350, 246351
E-mail: nelendhasa@gmail.com, nelendhasa@tibet.net

Indo Tibetan Coordination Office
H-10 SECOND FLOOR,
Block H, Lajpat Nagar III,
New Delhi, Delhi 110024
Phone: 011-29830578, 29840968|
Email: indiatibet7@gmail.com, bharatibbat@yahoo.com
Website: www.indiatibet.com

Tibet Policy Institute
Central Tibetan Administration
Gangchen Kyishong
Dharamshala-176215, H.P., India
Tel: +91-1892-222403, 223556
E-mail: director@tibetpolicy.net
Website: www.tibetpolicy.net

Director
Library of Tibetan Works and Archive (LTWA)
Gangchen Kyishong
Dharamsala-176215
Reception: +91 9882255047
Email: ltwa1970(at)gmail.com
Website: www.tibetanlibrary.org

Director
Men-Tsee-Khang (TMAI)
Gangchen Kyishong, Dharamshala — 176215
H.P., India
Tel: +91-1892-223113, 223222
Fax: +91-1892-224116
E-mail: info@men-tsee-khang.org
Website: www.men-tsee-khang.org

Director
Norbulingka Institute
P.O. Sidhpur – 176057
Dharamshala, H.P. India
Tel: +91-1892-246402, 246405
Reception: 9418436410
Fax: +91-1892-246404
E-mail: info@norbulingka.org
Website: www.norbulingka.org

President
Head Office of TCV
Tibetan Children's Village (TCV)
Dharamsala Cantt.-176216
HP, India
Tel: +91-1892-221348, 221680

Fax: +91-1892-221670
E-mail: headoffice(at)tcv.org.in
Website: www.tibchild.org /
www.tcv.org.in

Director
Tibetan Institute of performing Art
P.O. Mcleod Ganj
Dharamsala-176219
HP, India
Tel: +91-1892-221478
Fax: +91-1892-221033
E-mail: tibetanarts2012@gmail.com

Director
Sambhota Tibetan Schools Society
C/O Sherab Gatsel Lobling (TTS) Thehr, Manji Khad,
P.O Khanyara-176218
Distt. Kangra (H.P) INDIA
Tel: +91 – 01892 – 246422 / 246423 Fax : +91 – 01892 – 2234817
E-mail:stss1999@gmail.com
Web:www.sambhota.org

Administrator
Tibetan Delek Hospital
Gangchen Kyishong
Dharamshala — 176215
Tel: +91-1892-222053, 223381
Fax: +91-1892-222406
E-mail: hospitaldelek@yahoo.com
Website: www.delekhospital.org

གླིང་ཕྱི་སྐུ་ཚབ་དོན་གཅོད་ཁང་།
Representative
Bureau of His Holiness the Dalai Lama
10-B, Ring Road, Lajpat Nagar -IV
New Delhi -110024 INDIA
Tel: +91-11-26474798, 26439745
Fax: +91-11-26461914
E-mail: info@tibetbureau.in
Website: www.tibetbureau.in

རྒྱ་མཚོ་རི་སྐུ་ཚབ་དོན་གཅོད་ཁང་།
Representative
The Office of Tibet
1228, 17th Street NW,
Washington DC, 20036, U.S.A.
Tel: +1-212-213-5010
Fax: +1-1-703-349-7444
E-mail: rep.us@tibet.net
Website: www.tibetoffice.org

སྲུད་སི་སྐུ་ཚབ་དོན་གཅོད་ཁང་།
Representative
The Tibet Bureau
Place de la Navigation 10 CH-1201
Geneva Switzerland
Tel: +41-22-738-7940
Fax: +41-22-738-7941
E-mail: representative@tibetoffice.ch / info@tibetoffice.ch
Website: www.tibetoffice.ch

ཉི་ཧོང་སྐུ་ཚབ་དོན་གཅོད་ཁང་།
Representative
Liaison Office of His Holiness the Dalai Lama, Tibet

House,
Nishi Ochiai 3-26-1
Shinjuku-ku, Tokyo
161-0031 Japan.
Tel: +81-03-5988-3576
Fax: +81-03-3565-1360
E-mail: rep.jp@tibet.net
Website: www.tibethouse.jp

དབྱིན་ཡུལ་སྒྲུ་ཚན་དོན་གཙོད་ཁང་།
Representative
The Office of Tibet
Tibet House
1 Culworth Street
London NW8 7AF U.K.
Tel: +44-20-7722-5378
Fax: +44-20-7722-0362
E-mail: rep.uk@tibet.net

ཨོ་ས་ཏྲི་ལི་ཡ་སྒྲུ་ཚན་དོན་གཙོད་ཁང་།
Representative
Tibet Information Office
8/13 Napier Close Deakin,
Canberra ACT 2600 Australia
Tel: +61-2-6285-4046
Fax: +61-2-6282-4301
E-mail: rep.au@tibet.net
Website: www.tibetoffice.com.au

སྒྲོ་ཨ་རི་སྒྲུ་ཚན་དོན་གཙོད་ཁང་།
Tibet House Brazil
Alameda Lorena, 349
Jardim Paulista, Sau Paulo,

SP, 01424-001
Brazil, South America
Tel: +55 (11) 98963 5128
E-mail: latin@tibet.net

ཨུ་རུ་སུ་སྒྲུ་ཚན་དོན་གཙོད་ཁང་།
Representative
Tibet Culture & Information Center
P.O. Box # 3 Moscow,
Russian Federation, 127015
E-mail: rep.ru@tibet.net / moscow@tibet.net
Fax: +7495-786 43 62
Website: www.savetibet.ru

ཨ་ཧི་རི་ཀা་སྒྲུ་ཚན་དོན་གཙོད་ཁང་།
Representative
The Office of Tibet
P.O. Box 16812
Lyttelton 0140
Republic of South Africa
Tel: +27-12-664-1193
Fax: +27-12-664-1194
E-mail: rep.sa@tibet.net
Website: www.officeoftibet.com

ཐཻ་ཝན་སྒྲུ་ཚན་དོན་གཙོད་ཁང་།
Representative
Tibet Religious Foundation of H.H. the Dalai Lama
10th Fl. 4 & 5, No. 189,
Sector – 2 Keelung Rd.,
Taipei Taiwan (ROC)
Tel: +886-2-2736-0366
Fax: +886-2-2377-9163

E-mail: rep.tw@tibet.net
Website: www.tibet.org.tw

བལ་ཡུལ་སྒྲ་ཚན་དོན་གཙོད་ཁང་།
Representative
Tibetan Refugee Welfare Office
Gaden Khangsar P.O. Box No. 310
Lazimpat, Kathmandu Nepal
Tel: +977-1-4419903, 4423166
Fax: +977-1-4411660
E-mail: rep.np@tibet.net

སྦེལ་རྒན་སྒྲ་ཚན་དོན་གཙོད་ཁང་།
Representative
Bureau du Tibet
Avenue des Arts 24 1000
Brussels, Belgium
Tel: +32 2 280 49 22
Fax: +32 2 280 29 44
E-mail: rep.be@tibet.net /
tibetbrussels@tibet.net

ཐྭ་རན་ཝི་འདེལ་མཐུད་ལས་ཁང་།
Secretary
Bureau du Tibet
84, Boulevard Adolphe
Pinard 75014 Paris
Tel : +33 (0) 1 46 56 54 53
Fax : +33 (0) 1 41 17 00 14
Mobile : +33769508683
E-mail : francebureau@tibet.net

Notes

Notes

Tibetan Parliament-in-Exile
Central Tibetan Administration
Gangchen Kyishong, Pin-176215
Distt: Kangra, Dharamsala,
H.P., India

www.tibetanparliament.org/www.chithu.org
'TPIE' app available on appstore and playstore

2021